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ABSTRACT

This document presents an annotated bibliography of print, video, and audio materials for Acquired Immune Deficiency Syndrome (AIDS) education and Human Immunodeficiency Virus (HIV) prevention. It was developed to inform those who interact with young people of the most accurate and useful resources available. The bibliography describes a range of high quality materials and indicates their age-appropriateness to help educators, parents, guardians, and health care providers determine which materials are suitable for use with diverse groups of young people. Special attention has been given to resources that are targeted to parents and guardians. While most of the materials reviewed in this publication are for use in educating adolescents, this guide also will help parents and guardians with children of all ages select up-to-date and reliable materials to help them educate both themselves and their children. Most of the materials in this resource are to be used as companion pieces to enhance more comprehensive programs. Resources are categorized as books and booklets, videos, curricula and resources, and Center for Population Options resources. Ten references are annotated in the books and booklets section; 13 in the video section; 10 in the curricula and resources section; and 5 in the section on Center for Population Options resources. (NB)

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Resources

Special Edition
Resources for Parents

Adolescents, AIDS and HIV: Resources for Educators

An annotated bibliography of print, video, and audio materials for AIDS education and HIV prevention.

The Center for Population Options
Volume VII, January, 1994

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As the epidemic of acquired immunodeficiency virus (AIDS) moves into the middle of its second decade, it is marked by an increase in efforts to prevent the continued spread of the human immunodeficiency virus (HIV) which causes AIDS. Public health officials and medical experts send the resounding message that America's adolescents are one of the fastest growing groups becoming infected with HIV. Statistical data and trends in infection rates underscore this severe reality: Between December 1990 and December 1992, the number of AIDS cases among 13-24-year-olds increased by 43 percent (CDC, Jan. 1992). By the end of 1992, 946 cases of AIDS among teenagers, ages 13-19, were reported to the Centers for Disease Control and Prevention (CDC, Feb.1993). Because of a median 8-10 year incubation period between infection with HIV and onset of symptoms, many of the 48,295 20-30-year-olds diagnosed with AIDS were probably infected during their teen years. The vast majority of America's youth are thus not included in the country's AIDS statistics.

Health care providers, educators, parents and youth are working to meet the challenge of reaching young people with the information they need to prevent HIV infection. Thousands of different materials have been developed to educate and inform young people about the realities and risks of unprotected sexual intercourse and injection drug use, and to provide them the skills they need to avoid contact with HIV.

While many of these materials are of high quality, some are inaccurate or inadequate. ***Resources For Educators*** was developed to inform those who interact with young people of the most accurate and useful resources available. This detailed bibliography describes a range of high quality materials and indicates their age-appropriateness to help educators, parents, guardians and health care providers determine which materials are suitable for use with diverse groups of young people.

In this volume of ***Resources for Educators***, special attention has been given to resources that are targeted to parents and guardians. Because children receive mixed and misleading messages about sexuality and safer sexual behavior from countless sources including peers, television, music, magazines and movies, parents and guardians can and should work to clarify and correct misinformation. While institutions such as schools are increasing their efforts to educate young people about HIV, these messages must also come from the family members youth look to for example and advice.

Most of the materials reviewed in this publication are for use in educating adolescents, however, this guide will help parents and guardians with children of **all** ages select up-to-date and reliable materials to help them educate both themselves and their children. It is always recommended that educators, parents and guardians review materials carefully to determine their suitability for specific audiences. The majority of materials in this resource are to be used as companion pieces to enhance more comprehensive programs.

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BOOKS/BOOKLETS

Children and the AIDS Virus
Rosemarie Hausherr, 1989, 48 pp.
Clarion Books
215 Park Avenue South
New York, NY 10003
1-800-225-3362
Ages 6-11

This book describes in simple terms the body's immune system starting with the common cold virus, and then discusses the more complex Human Immunodeficiency Virus (HIV). It provides a read-aloud text appropriate for young people in grades 1-5, and it includes supplementary information for teachers and parents. *Children and the AIDS Virus* tells the true stories of two young people living with HIV/AIDS. It presents facts about HIV, including the ways in which it is spread, and seeks to dispel fears and confusion, teach precautions and promote sensitivity to people living with AIDS. Accompanied by photographs, the text is clear and concise in describing the way HIV can and cannot be contracted. A referral list of additional resources and service organizations is also included.

Friends for Life
Barbara Aiello and Jeffrey Shulman, 1988, 48 pp.
Illustrated by Loel Barr
The Kids on the Block, Inc.
9385-C Gerwig Lane
Columbia, MD 21046
1-800-368-KIDS
(301) 290-9095
Ages 9-12

This book tells the story of Amy Wilson, a fifth grade student, who discovers that her friend and video club sponsor has AIDS. The fears of parents, school faculty and other students are addressed as Amy confronts society's animosity toward persons infected with HIV. Clinical and confusing information on HIV is presented in a straight-forward, accurate and age-appropriate manner. Through Amy the reader learns about compassion, understanding and the empowerment that comes from being informed and standing up for one's beliefs.

Talk About Sex: A Booklet for Young People on How to Talk About Sexuality and AIDS

Sex Information Education Council of the United States, 1992, 46 pp.
SIECUS
130 West 42nd Street, Suite 2500
New York, NY 10036
(212) 819-9770
Ages 13-19

Talk About Sex was developed to help teenagers communicate more openly and effectively about issues related to sexuality and HIV/AIDS. This booklet offers clear and honest information about relationships, communication skills and safer sex behaviors in a youth-friendly publication. It discusses abstinence, condom use, sexual health and sexually transmitted disease prevention. At the end of each section there are "Questions to Ask Myself" which challenge the reader to understand what has been presented and provide a context in which to think about the issues. Elizabeth Winship, syndicated columnist of "Ask Beth" writes of this publication, "Sex arouses very confusing emotions, especially in young people. They feel curious, fearful, excited and embarrassed all at once. They need accurate information to help them sort it all out. *Talk About Sex* is just what is needed. Short, snappy, accurate, illustrated, and readable, it is perfect for teenagers."

What You Can Do to Avoid AIDS

Earvin "Magic" Johnson, 1992, 193 pp.
The Learning Partnership, Inc.
Dept. M, P.O. Box 199
Pleasantville, NY 10570
(914) 769- 0055
Ages 13-19

What You Can Do to Avoid AIDS provides accurate and understandable information about HIV transmission and prevention from former basketball player, Magic Johnson, a role model for many young people. With input from medical experts, persons living with AIDS and HIV-and people who work in the prevention field, Magic Johnson's detailed discussion is straightforward and doesn't preach or patronize. The book addresses modes of transmission and methods of protection (including proper use of latex condoms), and it sends the message "if you can, wait...if you can't: Be safe, every time." Personal accounts of people living with HIV and AIDS are shared, including Magic Johnson's own feelings and experiences. Although he is reaching out to young people, Magic's book provides important information for parents and teachers as well.

Risky Times **How to be AIDS-Smart and Stay Healthy: A Guide for Teenagers**
Jeanne Blake, 1990, 158 pp.
Workman Publishing Company, Inc.
708 Broadway
New York, NY 10003
(212) 254-5900
Ages 13-19

Interspersed with thoughts from senior high school students and quotes from celebrities, this book provides excellent information for adolescents concerning HIV and AIDS. Risky Times addresses transmission, condoms, decision making, risk behaviors, treatment for those infected with HIV and testing for the HIV virus. There are also personal accounts by former injection drug users, now infected with HIV, warning adolescents about how drugs can ruin lives. Accompanying the book is *The Parents' Guide to Risky Times*, by Elizabeth Winship, the syndicated columnist of "Ask Beth." This guide sends the strong message that no one has to become infected with HIV and it discusses how parents can talk with their children about HIV and AIDS. Both *Risky Times* and *The Parents' Guide* are also available in Spanish.

100 Questions and Answers About AIDS: A Guide for Young People
Michael Thomas Ford, 1992, 202 pp.
New Discovery Books
Macmillan Publishing Company
866 Third Avenue
New York, NY 10022
(212) 702-2000
Ages 13-19

This book for teenagers, parents and AIDS educators answers many important questions about HIV and AIDS. One hundred questions, listed at the beginning of the book, are directly and honestly answered in a clear and easy-to-understand manner. Each of the four sections – HIV & AIDS, Fact & Fiction, Keeping Safe and Testing & Beyond – is punctuated by the personal stories of people living with HIV and AIDS. Their first-hand accounts and the varied ways in which they contracted the disease (through heterosexual and homosexual intercourse and injection drug use) lend meaning to the factual information and evoke a sense of understanding that facts alone could not achieve. The book includes a detailed glossary and resource guide.

Looking Into AIDS
William Yarber, 1989, 61 pp.
Phi Delta Kappa
P.O. Box 789
Bloomington, IN 47402-0789
(812) 339-1156
Ages 11-16

This interactive workbook asks the reader to make personal health decisions about avoiding HIV infection, to think through difficult mock situations and to answer questions. It provides activities to help initiate discussion with parents and guardians and to practice refusal skills for withstanding peer pressure. Values clarification and true/false quizzes test readers' knowledge and help them get in touch with their feelings and beliefs about HIV and people infected with HIV. *Looking into AIDS* provides accurate and concise information about HIV transmission, prevention and responsible health decisions.

AIDS: Trading Fears for Facts
Karen Hein, 1991, 196 pp.
Consumer Reports Books
9180 Le Saint Drive
Fairfield, OH 45014-5452
(914) 378-2000
Ages 13-19

This is a thorough book about HIV and AIDS for adolescents written by a well respected physician and president of the Society for Adolescent Medicine. Information is presented in a clear and easy-to-read manner. Interspersed throughout the book are pictures and graphs depicting different aspects of HIV and AIDS. Questions commonly asked by teenagers about HIV and AIDS are also answered. Chapters include: The Facts About AIDS, AIDS and Sex, AIDS and Drugs, Testing, After the Test – Then What?, Treatment and AIDS in the Future. A resource guide at the end includes AIDS hotline numbers, service agencies and telephone numbers specially for runaway and homeless teens. The book concludes with an extensive glossary to help clarify unfamiliar terms for adolescents.

Talking with TV: A Guide to Starting Dialogue with Youth
The Center for Population Options, 1993, 28 pp.
CPO
1025 Verment Avenue, N.W., Suite 200
Washington, D.C. 20005
(202) 347-5700
For Parents/Guardians

This booklet helps parents and youth-serving professionals use television to start dialogue with teens about sensitive and difficult subjects including sexuality, drug use, decision making and relationships. Updated annually to reflect current TV shows, this guide provides plot summaries of popular shows most likely to raise important issues. Parents are encouraged to involve themselves in their children's television viewing choices, to initiate informed discussion and to make TV a communication ally.

How to Talk with Your Child About Sexuality: A Parent's Guide
Planned Parenthood, 1986, 203 pp.
Doubleday Publishing
666 Fifth Avenue
New York, NY 10103
(212) 354-6500
For Parents/Guardians

The Planned Parenthood Federation of America designed this book to help parents discuss sensitive and difficult issues concerning sexuality with their children. The publication suggests possible answers to common questions that young people may ask. It provides age-appropriate factual information for preschool through high school youth on topics ranging from anatomy and physical development, to tougher issues such as sexual orientation, intimacy, sexual intercourse, pregnancy, sexual abuse and rape. This guide addresses the needs of single parents and guardians as educators and parents of children who are home alone after school while one or both parents work. Although *How to Talk With Your Child About Sexuality* does not provide detailed factual information specifically about HIV and AIDS (because of its publication date), it does provide an excellent foundation for initiating discussion about HIV transmission and prevention.

VIDEOS

Reality Check
Special Programs for Youth, 1992, 14:43 minutes
Lifejackets
332 19th Street
Manhattan Beach, CA 90266
1-800-366-2150
Ages 13-19

Designed and produced by youth for youth, this short video focuses on HIV testing. Teens discuss and define anonymous and confidential testing, modes of transmission, pre- and post-test counseling and positive or negative test results. Youth discuss how their diverse cultural backgrounds, sexual histories and social support systems affected their decision to take the HIV antibody test and how they have dealt with the results of the test. The video provides some HIV prevention information, but concentrates on testing and is a good springboard for discussing related issues.

Considering Condoms
National Education Association-Health Information Network, 1992, 14:46 minutes
NEA-HIN
1201 16th Street, N.W.
Washington D.C. 20036-3290
(202) 822-7570
Ages 13-18

This video documents a group of teens discussing HIV/AIDS, self respect, sexually transmitted diseases, peer pressure and abstinence. Teenagers talk openly about the excuses they have used to avoid using condoms, negotiating condom use and purchasing condoms. Group facilitators demonstrate the proper way to use a condom and they clarify and reiterate important points about HIV and condom use. The resounding message from this video is, "the bottom line is use a latex condom or don't have sex." A teacher discussion guide with facts, discussion questions, teaching activities and additional resources is included.

No Rewind
No Excuses Productions, 1992, 23:00 minutes
No Excuses Productions
3730 Rhoda Avenue
Oakland, CA 94602
(510) 530-3247
Ages 13-18

The theme that there is "no rewind" in life fuels this documentary in which two HIV positive teens talk about their experiences and several peer educators discuss and demonstrate their work in the classroom. Interspersed with pop and rap songs about safe sex and good decision making, a diverse group of teens share their opinions on issues including: feelings of invulnerability, sexual orientation, alcohol use, HIV testing, living with HIV, peer pressure and self-esteem. AIDS Team, a peer education group, uses role plays and condom demonstrations in front of an actual high school class to send a prevention message to students. Together with its discussion guide, *No Rewind* sets the stage for further discussion in the area of HIV education and prevention.

Time Out
Paramount Pictures, 1992, 42:00 minutes
Paramount Pictures
555 Melrose Avenue
Hollywood, CA 90038
(213) 956-5000
Ages 12 - Adult

Comedian Arsenio Hall and former basketball star Earvin "Magic" Johnson are joined by a host of celebrities, medical experts and teenagers in this fast-paced video which includes rap songs about safer sex and postponing sexual involvement, frank discussions about abstinence and peer pressure and personal accounts from people living with HIV/AIDS. It provides a clear description of what HIV is and the ways it is spread. The proper use of latex condoms and the importance of using them resounds throughout the video in discussions, songs and entertaining vignettes. For people who already know about HIV and AIDS and for those who don't, *Time Out* sends and reinforces positive HIV prevention messages. It comes with a short study guide entitled, "The Truth About HIV, AIDS and You." *Time Out* can be borrowed from local libraries and is available for rent and purchase at local video stores.

Song of Superman
Canadian Hemophilia Society/National Hemophilia Foundation, 1992,
33:42 minutes
The Canada Hemophilia Society
1450 City Councillors Street, Suite 840
Montreal, Quebec, H3A 2E6 Canada
(514) 848-0503
Ages 13-19

This educational video tells the story of Jack, a teenager who is HIV positive and has hemophilia, making the difficult decision to disclose his HIV status to Dominique, a close female friend who has recently shown a romantic interest in him. After discussing his situation with one of his best male friends in an important and realistic scene, Jack decides to tell Dominique that he is HIV positive. Jack's story is punctuated by the real life accounts of teenagers who have hemophilia and are HIV positive. They discuss talking about HIV with peers and parents, dating and starting relationships, safer sex, alternatives to intercourse and support systems. The video is accompanied by a workbook with exercises on decision making, communicating and risk reduction. *Song of Superman* fills an important gap in addressing the needs of HIV positive teens who have hemophilia.

AIDS — Not Us
RFMH/HIV Center Video Library, 1989, 35:00 minutes
RFMH/HIV Center Video Library
22 Florida Avenue
Staten Island, NY 10305
(718) 720-4488
Ages 13-18

Targeted to African American and Latino urban adolescents, this creative video portrays the dynamics of a close group of male friends who reveal their own attitudes and behaviors about sexual responsibility, condom use, homophobia and drug abuse when they realize AIDS is a threat to their community. Interactions in the group reveal the peer pressure experienced by young men to be sexually active and to gain esteem by selling drugs. Through rap songs, humor and creative self-expression these peers provide models for communicating about the difficult issues related to HIV and AIDS.

Seriously Fresh
Select Media, 1989, 21:00 minutes
Select Media
74 Varick Street, Suite 305
New York, NY 10013
(202) 431-8923
Ages 13-18

This video portrays a group of African American inner-city male adolescents whose feelings and frustrations are triggered when they discover a popular friend has AIDS. Friends and family members challenge each other about drug use, unsafe sex and unwise decision-making that leads to dangerous behavior. An excellent discussion starter, this film combines humor with moving scenes of young men providing support for one another. Included is an unusual scene in which one young man confides to a friend with AIDS about his same gender sexual activity.

Teen AIDS in Focus
The San Francisco Study Center, 1989, 16:00 minutes
The San Francisco Study Center
P.O. Box 5646
San Francisco, CA 94101
(415) 626-1650
Ages 13-19

Although released in the late 1980s, this video continues to be one of the best available for teenagers. In this highly stirring and moving documentary, three teenagers with AIDS share their thoughts and fears about HIV/AIDS. They discuss changes in behavior and attitudes they have had living with the virus, combined with specific issues they face as adolescents. Interwoven are scenes of two men with AIDS talking candidly to a classroom of students. Crossing cultural and social lines, this exceptional video is recommended for all adolescents.

VIDA
Select Media, 1989, 18:00 minutes
Select Media
74 Varick Street, Suite 305
New York, NY 10013
(202) 431-8923
Ages 13 - Adult

Developed for sexually active Latina women, this film portrays the apprehension one woman feels upon learning that a friend has AIDS. With prompting from an assertive female friend, Elsie expresses her fear of confronting her boyfriend about condom use, and of her willingness to do anything to prevent his leaving her. In one important scene, Elsie leaves her boyfriend's apartment after he angrily refuses her request that they use condoms. She learns that her assertiveness and honesty are empowering and that her strength has a positive affect on her mother and daughter, with whom she lives. Emphasis is placed on dispelling myths about casual transmission, caring for one's family and community, and empowering women to protect themselves.

Talking With Teens: With Jane Curtin
San Francisco AIDS Foundation, 1988, 27:20 minutes
San Francisco AIDS Foundation
333 Valencia Street, Fourth Floor
P.O. Box 6182
San Francisco, CA 94101-6182
(415) 861-3397
For Parents/Guardians

In this video, a component of *The Parent-Teen AIDS Education Project* (see curricula section), parents are educated about HIV and AIDS with the intention that they will share the information with their children. Facts about HIV transmission and prevention are presented by actress Jane Curtin and vignettes of parent-child conversations about HIV give parents the chance to see the facts applied to real-life situations. The video encourages parents to seize the moment and discuss HIV with their children when the opportunity arises, rather than force the issue at an inopportune moment or miss it altogether. The information in this video is nonjudgemental and allows parents to share their personal views with their children while giving them accurate information.

Sexual Orientation
Newist, 1992, 28:30
NEWIST/CESA #7
IS1110, University of Wisconsin
Green Bay, WI 54311
(414) 465-2599
Ages 13 - Adult

Personal accounts from lesbian and gay teens are interspersed with input from youth workers, medical experts and parents of lesbian and gay youth in this forthright video on sexual orientation and adolescents. The video clarifies terms such as "sexual orientation," "homosexual," "heterosexual," "homophobic," "coming out" and "closeted." Young people describe damaging labels, rejection (especially by parents) and support found through friends, family and counseling. They give advice to other young people on coming out and stress the importance of support systems, both for those who have disclosed that they are gay or lesbian and for those who cannot come out. Parents send the vitally important message that they accept their kids for who they are, regardless of their sexual orientation. Although this video doesn't directly address HIV, it provides good information for parents as adolescents discover and disclose their sexual orientation. This video is appropriate for parent support groups, parent-teen groups, sexuality educators, social workers and youth workers.

Educating Our Children
Pediatric AIDS Foundation, 1989, 21:45 minutes
Pediatric AIDS Foundation
1311 Colorado Avenue
Santa Monica, CA 90404
(310) 395-9051
For Parents/Guardians

Superb for parents, this video presents a collection of vignettes for initiating positive age-appropriate discussions about HIV/AIDS and for responding to tough questions from a young child. Sample discussions with children age five-nine focus on how the virus is NOT transmitted, differentiating between HIV and AIDS and showing compassion and support for people with AIDS. Parents talking with children age nine-twelve focus on defining HIV and AIDS and highlighting the difference between the two, testing for the virus and how HIV is transmitted. Parents discuss the importance of abstinence but also discuss latex condom use. The scenes in this video (available free of charge from the Pediatric AIDS Foundation), simulate possible ways to answer tough questions while imparting personal values and beliefs.

Sex Education in America: AIDS and Adolescents
Media Works, 1993, 1:07 minutes
Media Works Inc.
P.O. Box 15597, Kenmore Station
Boston, MA 02215
For Parents/Guardians and Educators

Sex Education in America, an hour long documentary reported and co-produced by Jeanne Blake (television health reporter and author of *Risky Times: How to be AIDS Smart and Stay Healthy*), focuses on the emotional national debate between proponents of comprehensive sexuality education and those who support abstinence-only sexuality education. The video examines both approaches in classrooms around the country, interviewing educators and students from both sides of the debate and researchers and experts in the field. Several outspoken HIV-positive teenagers share their experiences and voice the need for frank and accurate information about HIV and sexuality. Testimonies from parents, community members and students are recorded at public hearings on sexuality education in school districts across the United States. Although this is a timely video and the examination of the debate is inclusive and candid, the video makes no mention of homosexuality or the needs of gay, lesbian and bisexual youth. *Sex Education in America* is available for 31.95, including shipping and handling.

CURRICULA AND RESOURCES FOR EDUCATORS

The Parent-Teen AIDS Education Project: Talking With Teens
San Francisco AIDS Foundation, 1988, 117 pp.
The San Francisco AIDS Foundation
333 Valencia Street, Fourth Floor
P.O. Box 6182
San Francisco, CA 94101-6182
(415) 861-3397

The Parent-Teens AIDS Education Project is a program guide designed to help parents learn the communication skills and facts necessary for talking with their teens about AIDS. It provides factual information, additional resource suggestions and discussion activities to assist parents in meeting this challenge. It is intended for organizations or groups that have memberships or constituencies of parents of teenagers. The components offered by this program include a parent-teen AIDS forum, parent meetings, viewing the video, *Talking With Teens About AIDS* and distributing the brochure "Talking With Your Teen About AIDS." The guide is designed to meet the needs and resources of different organizations and each component can be implemented alone or as part of a comprehensive approach. The program includes guides for meetings in both English and Spanish.

When I'm Grown (Grades K-2, 3-4 and 5-6)
The Center for Population Options, 1992, Grades K-2, 280pp.; Grades 3-4, 320 pp.; Grades 5-6, 390 pp.
CPO
1025 Vermont Avenue, N.W., Suite 200
Washington D.C. 20005
(202)347-5700

When I'm Grown, CPO's newest life planning program, uses over 180 exercises, worksheets, games and projects to hone elementary-age children's skills for making decisions, clarifying values, achieving goals and managing family and peer relationships. The program explores sexuality and reproduction, health, job options and education so that children may consider how choices they make in these areas affect their lives. This program sets the stage for honest discussions about the risk of HIV/AIDS by introducing the topic in conjunction with other important health messages. Through activities, participants receive an introduction to healthy habits and germ theory (K/2), they learn the way a healthy immune system works and about the impact of HIV/AIDS (3/4;5/6) and they conduct a science experiment to determine the properties of condoms – a good way to discuss condoms in a non-threatening environment (5/6).

Safe Choices: AIDS and HIV Policies and Prevention Programs for High-Risk Youth

National Network of Runaway and Youth Services, 1990, 254 pp.
National Network of Runaway and Youth Services
Safe Choices Project
1319 F Street, NW, Suite 401
Washington DC 20004
(202) 783-7949

This guide is intended to help organizations who work with youth reach young people who are at high risk for contracting HIV. The higher risk populations may include lesbian, gay and bisexual youth, sexually exploited youth, gang members, ethnic minorities and developmentally and physically disabled youth. Far ranging in scope and easy to use, *Safe Choices* can be used for short-term or long-term projects. The core components enable an organization to develop a strong written policy on HIV, to educate staff about HIV and dealing with youth who are infected and to educate the young people themselves. Additional modules include: Individual and Family Counseling, Outreach to Street Youth, AIDS Hotline Materials and Foster care. Safe Choices also includes 14 appendices addressing a number of related issues including legal issues concerning AIDS and adolescents, testing and counseling issues and myths and stereotypes around lesbian and gay youth. An updated edition of Safe Choices will be available in the spring of 1994.

Guide to Implementing TAP: Teens for AIDS Prevention Peer Education Program

The Center for Population Options, 1990, 145 pp.
CPO
1025 Vermont Avenue, N.W., Suite 200
Washington D.C. 20005
(202)347-5700

This is a step-by-step guide to developing and implementing a peer education program on HIV/AIDS prevention in schools and community-based organizations. Developed and extensively tested by CPO, the manual includes sections on how to obtain community support, a complete training program plan, sample activities designed by previous *TAP* groups, steps for evaluation, suggestions for working with the media, and resources for additional information. *TAP* is a recipient of the American Medical Association's Award for Excellence in Prevention in the Area of HIV/AIDS and Adolescents.

Talking With Kids About AIDS: A Program for Parents Other Adults Who Care
Parent AIDS Education Project, 1993, 50 pp.
Parent HIV/AIDS Project
Cornell University
Room 184, MVR Hall
Ithaca, NY 14853
(607) 255-1942

Using this detailed curriculum, volunteer peer facilitators use interactive adult education techniques to enhance parents/guardians sense of self-efficacy as well as their grasp of accurate information about HIV/AIDS. The guide includes goals and objectives of the program, a sample agenda and exercises and information for holding a series of three workshops with small groups of parents/guardians: Explaining AIDS and HIV, Risk and Changes and Talking With Kids About AIDS and HIV. A resource manual defines important words and phrases and gives advice on handling tough questions from young people of different ages. The curriculum also includes *Does AIDS Hurt?*, a handbook by Marcia Quackenbush and Sylvia Villarreal providing the latest information, terminology, and age-appropriate guidelines for discussing AIDS/HIV with young people up to age ten. *Talking With Kids About AIDS*, also available in Spanish, is an excellent program guide providing valuable information for empowering parents and other important adults to become skilled HIV/AIDS educators.

Reducing the Risk: Building Skills to Prevent Pregnancy and HIV (Second Edition)
Richard P. Barth, 1993, 208 pp.
ETR Associates
P.O. Box 1830
Santa Cruz, CA 95061-1830
1-800-321-4407

This curriculum is designed to enhance young people's skills to resist unprotected sexual intercourse by modeling those skills and then providing opportunities for practice. It emphasizes abstinence but encourages contraceptive use (including latex condoms) for adolescents engaging in sexual intercourse. *Reducing the Risk* requires active student participation in role plays that simulate situations they are likely to confront outside the classroom. Homework allows students the opportunity to interview their parents or guardians about their attitudes, visit stores or clinics that sell or provide condoms and other contraception, anticipate situations that may put them at risk for pregnancy or HIV infection and learn to use refusal and delay statements. Parental involvement is stressed and parents must provide written consent for their child to participate in this program. Through extensive evaluation, *Reducing the Risk* has demonstrated success in postponing sexual intercourse and sexual risk-taking among adolescents who are involved in the program.

Viviremos! On the Road to Health Living: A Bilingual Curriculum on AIDS and HIV Prevention for Migrant Students
National Coalition of Advocates for Students, 1990, 345 pp.
National Coalition of Advocates for Students
100 Boylston Street, Suite 737
Boston, MA 02116
(617) 357-8507

This comprehensive curriculum for grades six through twelve includes a preparation section for teachers and five culturally and linguistically specific lesson plans to help migrant students understand the facts about HIV, identify risk behaviors and develop decision-making and problem-solving skills. Activities reinforce collective brainstorming, peer education, openness about condom use and responses to peer pressure for both young men and women. Although this curriculum is written for Latino migrant students, it could be adapted to use with other adolescent populations. *Viviremos!* is currently being revised. The updated edition will be available in the spring of 1994.

Life Planning Education
The Center For Population Options, 1988, 372 pp.
CPO
1025 Vermont Avenue, N.W.
Suite 200
Washington D.C. 20005
(202)347-5700

This innovative curriculum integrates sexuality education and employment planning to help teens develop skills for now and in the future. It includes a comprehensive chapter on HIV and AIDS prevention and other updated information about sexually transmitted diseases and contraceptives. The activities and exercises in *Life Planning Education* are geared toward junior high and early senior high school teens. Information is provided on using the curriculum in Hispanic communities and all of the worksheets are in both English and Spanish. A Spanish language version of this curriculum that is culturally relevant to Latin American youth, *Como Planear Mi Vida*, is also available.

Adolescents and AIDS: A Generation in Jeopardy
Ralph DiClemente, Editor, 1992, 314 pp.
Sage Publications, Inc.
2455 Teller Road
Newbury Park, CA 91320
(805) 499-9774

This collection of essays by researchers, clinicians and policymakers offers a variety of perspectives on the threat that HIV poses to adolescents. The book highlights the statistical data on adolescents' risky behavior, helps explain the factors that motivate their behavior and outlines ways to stop or change their risk-taking. Contributors examine current intervention strategies and new and innovative approaches to HIV prevention. Public health policy regarding adolescents' access to prevention programs and treatment is also discussed. *Adolescents and AIDS* is a good compilation of information from leading experts whose discussions of youth-at-risk, the epidemiology of HIV and AIDS, policy perspectives and prevention strategies will inform and stimulate anyone who works with or cares about adolescents.

HIV/AIDS: SIECUS Reprint Series #3
SIECUS, 1992, 72 pp.
SIECUS
130 West 42nd Street, Suite 2500
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This monograph, the third in the SIECUS reprint series, is a compilation of seventeen articles on HIV/AIDS that have appeared in the bimonthly journal, the *SIECUS Report*. The articles in this collection span the period from October 1990 through January 1992, and address issues including heterosexual transmission, effective AIDS education, homophobia and HIV education, AIDS policy, Latina women and HIV, African American women and HIV, behavior change, and teenagers' knowledge of HIV/AIDS. These issues are of particular concern for educators, families, health care providers, public policy makers, and persons living with HIV/AIDS. This resource presents excellent information about HIV and AIDS in a very useful format.

ADDITIONAL RESOURCES FROM CPO

Condom Availability in Schools: A Guide For Programs
1993, 250 pp.

More and more communities are considering and implementing school condom availability programs as part of comprehensive HIV prevention programs. Responding to the need for information, CPO developed a step-by-step guide to advocating, planning, implementing and evaluating school condom availability programs. The chapters include information on developing policy, responding to the opposition, setting goals, designing a program, handling legal issues and involving the community. The guide provides case studies of successful initiatives, sample materials, model press releases and listings of resource organizations and materials.

The following pamphlets are recommended for 13-17 year olds:

Spread the Word, Not the Virus
1992

This eight-page brochure provides teens with basic AIDS information including definitions of HIV and AIDS, modes of transmission, safer sex guidelines, instructions for proper condom use, HIV testing information and tips for talking to partners about using condoms. Short and easy-to-read, this pamphlet contains an impressive amount of important information.

Advice from Teens on Buying Condoms
1988

This brochure, designed to help teens purchase condoms, uses cartoons and simple language to address the confusion and nervousness that teens can experience when they try to obtain a condom. The pamphlet reflects teenager's real-life experiences buying condoms in drug stores and convenience stores.

America's Least Wanted: Sexually Transmitted Diseases
1990, 8 pp.

Straightforward, conversational text and imaginative illustrations highlight "five of the roughest, toughest, most low-down STDs in this day and age – chlamydia, genital warts, herpes, gonorrhea, and trichomonas." Their nemesis, Officer Condom, provides prevention messages with the help of his friends "Abstinence" and "Nonoxynol-9."

How to Prevent Date Rape
1989

This pamphlet provides a concise definition of date rape and information on avoiding potentially dangerous situations. It lists hotline and emergency phone numbers, as well as sources for more information.

the Center for Population Options

The Center for Population Options (CPO) works to increase the opportunities for and abilities of youth to make healthy decisions about sexuality. Since 1980, CPO has provided information, education and advocacy to youth-serving agencies and professionals, policymakers and the media.

This bibliography was prepared by Claudia Page with assistance from Kristin Felch, CPO intern and Jennifer Hincks Reynolds, Program Director.

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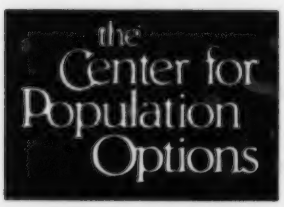

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